Weekly Menu

Week 2 Dinner	SUNDAY Apr 21	MONDAY Apr 22	TUESDAY Apr 23	WEDNESDAY Apr 24	THURSDAY Apr 25	FRIDAY Apr 26	SATURDAY Apr 27
	Beef Pot Roast	Roast Pork Loin	Roast Turkey	Prime Rib	Baked Pork Shoulder	Ginger Roast Chicken	Herb & Garlic Salmon
	Chicken Breast w/ Alfredo Sauce	Chicken Breast w/ Carolina BBQ Sauce	Baked Sole w/ Lemon Cream Sauce	Tex-Mex Roast Chicken w/ Cilantro & Lime Crema	Herb & Butter Turkey Thigh	Breaded Sole	Chicken Tenders 52596.8
	Sweet & Spicy Pork Dry Ribs	Lamb Karahi	Buffalo Chicken Mac & Cheese	Pineapple & Jalapeno Pork Meatloaf	Chicken & Mushroom Shepherd's Pie	Turkey Skillet with Zucchini & Black Beans	Korean Beef Bulgogi
	Spicy Ginger Vegetable Stir-fry	Three Bean Paella	Pasta with Lentils & Mushroom	Vegetarian Enchiladas	Chili Garlic Edamame & Tofu Bake	Vegetarian Lasagna	Tofu Chana Masala
	Macaroni	Orzo	Spaghetti	Penne	Bowtie Pasta	Fusilli	Fettuccine
	Chicken & Spinach Marinara	Chicken Carbonara	Classic Bolognese	Garlic Shrimp Tomato Sauce	Meatball Marinara	Chicken Alfredo	Spicy Sausage Tomato Sauce
	Creamy Parmesan Sauce	Tomato Primavera Sauce	Mushroom & Sage Cream Sauce	Basil Rose Sauce	Roasted Garlic Cream Sauce	Classic Marinara	Spinach Pesto Cream Sauce
	Chicken Burger	Pizza (Hawaiian / Jerk Chicken / BBQ Mushroom & Bell Pepper)	Italian Sausage	Fish Burger	Beef Hotdog	Sirloin Burger	Bavarian Sausage

Weekly Menu

Week 2 Salad Bar	SUNDAY Apr 21	MONDAY Apr 22	TUESDAY Apr 23	WEDNESDAY Apr 24	THURSDAY Apr 25	FRIDAY Apr 26	SATURDAY Apr 27
	Spinach & Radicchio	Spinach	Kale	Arugula	Spinach & Radicchio	Spinach	Kale
	Spring Mix	Romaine	Iceberg	Leaf Lettuce	Spring Mix	Romaine	Iceberg
	Barley Salad w/ Chickpea and Olive	Bulgur	Chipotle Brown Rice Salad w/ Bell Peppers	Barley	Cranberry & Apple Quinoa Salad	Brown Rice	Bulgur & Grape Salad
	Walnut & Feta Spinach Salad	Coleslaw	Roasted Vegetable Tahini Salad	Kale Salad w/ Cranberry & Chickpea	Spinach & Mushroom Salad w/ Beets	Spicy Corn Salad	Broccoli Salad w/ Toasted Seeds
	Sweet Potato Salad	Balsamic Marinated Pasta salad	Home-style Potato Salad	Bruschetta Pasta Salad	Macaroni Salad	Pesto Caprese Potato Salad	Chickpea & Sundried Tomato Orzo Salad
	Sundried Tomato Cream Cheese Dip	Roasted Red Pepper Hummus	Tzatziki	Spicy Black Bean Dip	Creamy Pesto Dip	Salsa	Jalapeno Cream Cheese Dip
	Edamame	Black Beans	White Kidney Bean	Pinto Beans	Ginger & Chili Tofu	Chickpeas	Walnut

Asst Veggies, Pickles, Croutons, Asst Toppings, Salad Dressings

Weekly Menu

Week 2 Lunchroom	SUNDAY Apr 21	MONDAY Apr 22	TUESDAY Apr 23	WEDNESDAY Apr 24	THURSDAY Apr 25	FRIDAY Apr 26	SATURDAY Apr 27
				Peanut Butter & Jam			
Sandwich Bar	Thai Chicken Wrap	Turkey & Cheddar on Rye Bread	Crispy Chicken Caesar Wrap	Turkey & Swiss on Cranberry Baguette	Greek Chicken Wrap	Turkey Bacon Ranch on Ciabatta	Chicken Salad on White
	Roast Beef & Mozzarella on Quinoa Bread	Vietnamese Beef Wrap	Roast Beef & Cheddar on Texas White	Beef Panini	BBQ Beef on Sesame Bun	Roast Beef & Swiss on Texas Brown	Deli Beef on Ciabatta
	Ham & Swiss on Whole Wheat	Cuban Pulled Pork on Panini	Ham & Cheddar on White	Beef Hotdog	BBQ Pulled Pork on Ciabatta	Deli Ham on 14 Grain Bread	Smokie Sausage on Bun
	Pizza Burger	Ham & Salami on Brizzolio	Deli Trio on Panini	Corned Beef & Cheddar on Rye Bread	Pastrami & Swiss on Ciabatta	Bologna & Cheddar on Texas White	Turkey & Ham on Quinoa Bread
	Salmon Salad on Marble Rye Bread	Crispy Shrimp Wrap	Salmon Salad on Brizzolio Bread	Tuna Salad on Texas White Bread 155106.13	Shrimp Salad Wrap 155106.12	Fish Taco Wrap 155106.19	Tuna Salad on Ancient Grain Bread 155106.14
	Egg Salad on Brizzolio Bread	Egg Salad on 14 Grain Bread	Egg Salad on Texas White	Egg Salad on Ancient Grain Bread	Egg Salad on Everything Bread	Egg Salad on White Bread	Egg Salad on Quinoa Bread
	Sweet Potato & Black Bean on Pita	Sesame Edamame Wrap	Falafel Wrap	Chickpea & Kale on Ciabatta	Buffalo Cauliflower Wrap	Falafel Pita w/ Feta & Cucumber	Vegetarian Burrito
	Egg Ranchero Wrap	Sausage, Egg & Cheese Muffin	Bacon & Egg Croissant	Ham & Egg Muffin	Egg & Cheddar Wrap	Breakfast B.E.L.Ton Everything Bagel	Bacon & Egg Wrap
Soups	Turkey & Rice Soup	Chicken Noodle Soup	Beef & Barley Soup	Turkey Vegetable Soup	Manhattan Clam Chowder	Cream of Turkey Soup	Chicken & Mushroom Soup
	Cream of Tomato w/ Tortellini Soup	Corn Chowder	Mushroom Bisque	Roasted Cauliflower Soup	Cream of Broccoli Soup	Tomato Vegetable Soup	Creamy Vegetable Soup

Weekly Menu

Week 2 Breakfast	SUNDAY Apr 21	MONDAY Apr 22	TUESDAY Apr 23	WEDNESDAY Apr 24	THURSDAY Apr 25	FRIDAY Apr 26	SATURDAY Apr 27
	Ham Eggs Benedict (Optional Vegetarian)	Breakfast Quesadilla	Bacon & Potato Quiche	Breakfast Pizza (Pita)	MTO Omelet Station	Bacon & Egg Macmuffin	Sausage & Mushroom Frittata
	Classic French Toast w/ Mixed Berry Compote	Crepes w/ Raspberry Compote	Blueberry Pancakes	Waffle Station	Multigrain Pancakes w/ Mixed Berry Compote	Chocolate Chip Pancakes	Crepes w/ Blueberry Compote
	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
	Ham	Pork Sausage Rounds	Garlic Coil	Peameal Bacon	Pork Breakfast Sausage	Ham	Pork Sausage Rounds
	Beef Breakfast Sausage	Turkey Sausage Rounds	Beef Breakfast Sausage	Turkey Breakfast Sausage	Beef Breakfast Sausage	Beef Breakfast Sausage	Turkey Sausage Rounds
	Potato Latkes	Pom Pom Potatoes	Breakfast Hash Browns	Hashbrown Patty Triangle	Dollar Potatoes	Potato Latkes	Pom Pom Potatoes
	Chia & Vanilla Cereal	Red River Cereal	Cream Of Wheat	Quinoa Hot Cereal	Chia & Vanilla Cereal	Red River Cereal	Cream Of Wheat

Daily

Eggs: Fried, Boiled, Poached, Scrambled, Scrambled Egg Whites

Bacon, Baked Beans, Oatmeal, Frozen Fruit, Assorted Yogurts, Cottage Cheese/Yogurt

Fruit: Bananas, Apples, Oranges, Fruit Salad