Weekly Menu

Week 2 Salad Bar	SUNDAY MAR 15	MONDAY MAR 16	TUESDAY MAR 17	WEDNESDAY MAR 18	THURSDAY MAR 19	FRIDAY MAR 20	SATURDAY MAR 21
	Roasted Vegetable Couscous Salad	Greek Barley Salad	Brown Rice & Black Bean Salad	Turkish Bulgur Salad	Barley Lime Fiesta Salad	Couscous Tabbouleh Salad	Barley Salad with Chickpea & Feta
	Spicy Corn Salad	Chickpea Salad with Zucchini & Olives	Broccoli Crunch Salad	Greek Salad	Loaded Vegetable Salad with Chickpea	Apple, Zucchini & Walnut Salad	Coleslaw
	Macaroni Salad	Sesame Rice Noodle Salad	Bruschetta Pasta Salad	German Potato Salad (Egg)	Mexican Pasta Salad	Caribbean Sweet Potato Salad	Tuscan Rotini Salad
	Cottage Cheese	Greek Yogurt	Cottage Cheese	Greek Yogurt	Cottage Cheese	Greek Yogurt	Cottage Cheese
	Salsa	Roasted Garlic Cream Cheese Dip	Walnut & Roasted Red Pepper Dip	Tzatziki	Hummus	Spicy Feta Dip	Spinach Dip

Asst Veggies, Pickles, Croutons, Asst Toppings, Salad Dressings

Weekly Menu

Week 2 Lunchroom	SUNDAY MAR 15	MONDAY MAR 16	TUESDAY MAR 17	WEDNESDAY MAR 18	THURSDAY MAR 19	FRIDAY MAR 20	SATURDAY MAR 21
Sandwich Bar				Peanut Butter & Jam			
	Chicken Shawarma Sandwich on Multigrain Bread	Turkey Swiss Arugula on Texas White Bread	Chicken Salad On White Bread	Turkey & Cheddar On 14 Grain Bread	Korean Chicken Salad on Quinoa Bread	Cajun Chicken Sandwich on White Bread	Crispy Chicken Caesar on Whole Wheat Tortilla
	Beef, Mushroom & Havarti on Texas White Bread	BBQ Beef on Brioche Bun	Steak & Cheese on Plain Tortilla	Chimichurri Beef on Texas White Bread	Roast Beef & Cheddar on Texas Brown Bread	Beef Souvlaki on Tomato Tortilla	Roast Beef & Swiss on Quinoa Bread
	Smokie Sausage on Bun	BLT on Baguette	Bologna & Havarti on Quinoa Bread	Italian Cold Cut on Everything Bread	Ham & Cheddar on White	Pepperoni & Mozza on Texas Brown Bread	Mediterranean Cold Cut on Everything Bread
	Roast Beef & Swiss on Quinoa Bread	Pepperoni, Salami & Mozza On Everything Bread	Corned Beef & Swiss on Texas Brown	Beef Hotdog	Pastrami & Swiss on Ancient Grain Bread	Ham & Swiss on Multi Grain Bread	Deli Turkey on Brizzolio Bread
	Tuna Salad on Everything Bread	Salmon Salad on Brizzolio Bread	Cajun Shrimp on Baguette	Tuna Salad on Quinoa Bread	Salmon Salad on Multigrain Bread	Cajun Shrimp on Baguette	Tuna Salad on Tex White Bread
	Egg Salad on Ancient Grain Bread	Egg Salad on Quinoa Bread	Egg Salad on Everything Bread	Egg Salad on Brizzolio Bread	Egg Salad on Whole Wheat Bread	Egg Salad on Texas White Bread	Egg Salad on 14 Grain Bread
	Chickpea, Guacamole, Monterey Jack on Plain Tortilla	Vegetarian Meatballs & Mozzarella on Panini	Vegetarian Burrito on Tomato Tortilla	Vegetarian Philly Cheese on Sub Bun	Falafel, Feta & Cucumber on Spinach Tortilla	Black Bean Burger on Sesame Bun	Roasted Vegetab Hummus Wrap
	Bacon, Ham & Egg on Everything Bagel	Sausage, Egg & Cheese Muffin	Ham, Egg & Cheese on Brioche Bun	Egg Ranchero on Plain Tortilla	Bacon & Egg Croissant	Back Bacon & Egg Muffin	Breakfast BELT o Everything Bagel
Soups	Turkey Vegetable Soup	Hamburger Soup	Southwest Chicken Soup	Beef & Barley Soup	Chicken Noodle Soup	Creamy Potato & Bacon Soup	Beef Noodle Sou
	Sweet Corn Chowder Soup	Mediterranean Chickpea Soup	Tomato Vegetable Soup	Cream Of Broccoli	Coconut Lemongrass Soup	Minestrone Soup	Cream of Tomat Soup

Weekly Menu

Week 2 Breakfast	SUNDAY MAR 15	MONDAY MAR 16	TUESDAY MAR 17	WEDNESDAY MAR 18	THURSDAY MAR 19	FRIDAY MAR 20	SATURDAY MAR 21
	Ham Eggs Benedict / Spinach Eggs Benedict	Broccoli & Cheddar Quiche	Turkey & Egg Monte Cristo	Arugula & Mozzarella Frittata	Omelet Station (Build your own Omelet)	Bacon, Egg & Breakfast Quesadilla / Salsa & Sour Cream	Bacon & Mushroom Strata
	Blueberry Pancakes/ Blueberry Compote	Crepes / Mixed Berry Compote	Waffle Station / Raspberry Compote	Classic French Toast / Blackberry Compote	Chocolate Chip Pancakes/ Strawberry Compote	Waffle Station/ Raspberry Compote	Buttermilk Pancakes / Blueberry Compote
	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
	Pork Breakfast Sausage	Bologna	Ham	Pork Sausage Rounds	Garlic Coil	Peameal Bacon	Pork Breakfast Sausage
	Beef Breakfast Sausage	Chicken Sausage	Beef Breakfast Sausage	Turkey Breakfast Sausage	Beef Breakfast Sausage	Turkey Sausage Rounds	Beef Breakfast Sausage
	Oatmeal	Steel Cut Oatmeal	Oatmeal	Oatmeal	Steel Cut Oatmeal	Oatmeal	Oatmeal
	Apple Quinoa Hot Cereal	Chia & Vanilla Cereal	Quinoa Hot Cereal	Red River Cereal	Cream Of Wheat	Apple Quinoa Hot Cereal	Chia & Vanilla Cereal

Daily

Eggs: Fried, Boiled, Poached, Scrambled, Scrambled Egg Whites

Bacon, Baked Beans, Oatmeal, Frozen Fruit, Assorted Yogurts, Cottage Cheese/Yogurt

Fruit: Bananas, Apples, Oranges, Fruit Salad

Weekly Menu

Week 2 Dinner	SUNDAY MAR 15	MONDAY MAR 16	TUESDAY MAR 17	WEDNESDAY MAR 18	THURSDAY MAR 19	FRIDAY MAR 20	SATURDAY MAR 21
	Apple Cider Braised Roast Beef	Honey Soy Glazed Chicken	Salt & Pepper Baked Pork Shoulder	Prime Rib	Chicken Mole	Roast Turkey	Parmesan & Paprika Crusted Salmon Loin
	Apple Infused Au Jus	Honey Dijon Glaze	Peppercorn Gravy	Au Jus	Chili Chocolate Mole Sauce	Turkey Gravy	Tarragon Cream sauce
	Herb & Butter Turkey Thigh /Cranberry Sauce	Cajun Cod & Tomatoes	Cranberry BBQ Braised Chicken	Chicken Breast with Lemon Garlic Sauce	Blackened Pork Shoulder with BBQ Sauce	Breaded Haddock / Tartar Sauce	Chicken Breast with Butter Chicken Sauce / Basmati Rice
	Chicken Tikka Masala	Beef & Peanut Vegetable Stew	Taco Beef Bowl with Cilantro Rice and Creamy Chipotle Sauce	Spicy Thai Pork	Korean Beef Bulgogi	Creamy Tomato Chicken Rotini Bake	Tangy BBQ Meatloaf
	Macaroni	Fettuccine	Penne	Fusilli	Spaghetti	Bowtie Pasta	Shell Pasta
	Creole Chicken Tomato Sauce	Chicken Alfredo Sauce	Chicken Tetrazzini Sauce	Tomato Sauce with Beef	Classic Bolognese	Turkey & Spinach Marinara	Creamy Florentine Chicken Sauce
	Basil Rose Sauce	Italian Tomato and Parmesan Sauce	Tomato Primavera Sauce	Spinach Alfredo Sauce	Creamy Broccoli Parmesan Sauce	Mushroom & Sage Cream Sauce	Classic Marinara
	Potato Wedges	Straight Cut Fries	Golden Crisp Fries	Steak Cut Fries	Spicy Curly Fries	Shoestring Fries	Crinkle Cut Fries