Weekly Menu

Week 10 Breakfast	SUNDAY May 10	MONDAY May 11	TUESDAY May 12	WEDNESDAY May 13	THURSDAY May 14	FRIDAY May 15	SATURDAY May 16
	Ham Eggs Benedict / Spinach Eggs Benedict	Beef & Mushroom Flat Bread	Bacon & Egg Breakfast Quesadilla / Salsa & Sour Cream	Arugula & Mozzarella Frittata	Omelet Station (Build your own Omelet)	Turkey & Egg Monte Cristo	Bacon & Mushroom Strata
	Blueberry Pancakes / Raspberry Compote	Classic French Toast / Blackberry Compote	Waffle Station / Strawberry Compote	Buttermilk Pancakes / Raspberry Compote	Crepes / Blueberry Compote	Waffle Station / Mixed Berry Compote	Chocolate Chip Pancakes / Raspberry Compote
	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
	Ham	Pork Sausage Rounds	Garlic Coil	Peameal Bacon	Pork Breakfast Sausage	Bologna	Ham
	Beef Breakfast Sausage	Turkey Breakfast Sausage	Beef Breakfast Sausage	Turkey Sausage Rounds	Beef Breakfast Sausage	Chicken Sausage	Beef Breakfast Sausage
	Spicy Braised Bean	Mixed Vegetable with Coconut	Ratatouille	Maple Baked Beans & Apples	Caribbean Black Bean	Squash & Lentil Stew	Spicy Braised Bean
	Dollar Potatoes	Potato Latkes	Potato Bites	Breakfast Hash Browns	Triangle Hashbrown Patties	Dollar Potatoes	Potato Latkes
	Oatmeal	Steel Cut Oatmeal	Oatmeal	Oatmeal	Steel Cut Oatmeal	Oatmeal	Oatmeal
	Chia & Vanilla Cereal	Quinoa Hot Cereal	Red River Cereal	Cream Of Wheat	Apple Quinoa Hot Cereal	Chia & Vanilla Cereal	Quinoa Hot Cereal

Daily

Eggs: Fried, Boiled, Poached, Scrambled, Scrambled Egg Whites

Bacon, Baked Beans, Assorted Yogurts, Frozen Fruit

Weekly Menu

Week 10 Lunchroom	SUNDAY May 10	MONDAY May 11	TUESDAY May 12	WEDNESDAY May 13	THURSDAY May 14	FRIDAY May 15	SATURDAY May 16
	Peanut Butter and Jam on White & Whole Wheat	Peanut Butter and Jam on White & Whole Wheat	Peanut Butter and Jam on White & Whole Wheat / Peanut Butter & Jam on Raisin Bread	Peanut Butter and Jam on White & Whole Wheat	Peanut Butter and Jam on White & Whole Wheat	Peanut Butter and Jam on White & Whole Wheat / Peanut Butter & Jam on Raisin Bread	Peanut Butter and Jam on White & Whole Wheat
	Chicken Salad on White Bread	Turkey & Cheddar on 14 Grain Bread	Korean Chicken Salad on Quinoa Bread	Cajun Chicken Sandwich on White Bread	Crispy Chicken Caesar on Whole Wheat Tortilla	Dijon Mayo Turkey & Cheddar on Multigrain Bread	Greek Chicken on Whole Wheat Brea
	Steak & Cheese on Plain Tortilla	Chimichurri Beef On Texas White Bread	Roast Beef & Cheddar on Texas Brown Bread	Beef Souvlaki on Tomato Tortilla	Roast Beef & Swiss on Quinoa Bread	Beef Taco on Plain Tortilla	Vietnamese Beef o Brizzolio Bread
	Bologna & Havarti on Quinoa Bread	Italian Cold Cuts on Everything Bread	Ham & Cheddar on White Bread	Pepperoni & Mozza on Texas Brown Bread	Mediterranean Cold Cut on Everything Bread	BBQ Pulled Pork on Ciabatta	Salami & Mozza o 14 Grain Bread
	Corned Beef & Swiss on Texas Brown	Beef Hotdog	Pastrami & Swiss on Ancient Grain Bread	Ham & Swiss on Multigrain Bread	Deli Turkey on Brizzolio Bread	Pastrami & Cheddar on Ancient Grain	Turkey & Cheddar Whole Wheat Brea
	Cajun Shrimp on Baguette Egg Salad on Everything Bread	Tuna Salad on Quinoa Bread Egg Salad on Brizzolio Bread	Salmon Salad on Multigrain Bread Egg Salad on Whole Wheat Bread	Cajun Shrimp on Baguette Egg Salad on Texas White Bread	Tuna Salad on Texas White Bread Egg Salad on 14 Grain Bread	Salmon Salad on Texas Brown Bread Egg Salad on White Bread	Cajun Shrimp on Baguette Egg Salad on Multigrain Bread
	Vegetarian Burrito on Tomato Tortilla	Vegetarian Philly Cheese on Sub Bun	Falafel, Feta & Cucumber on Spinach Tortilla	Black Bean Burger on Sesame Bun	Roasted Vegetable Hummus Wrap	Falafel on Whole Wheat Tortilla	Black Bean Burger Sesame Bun
	Ham, Egg & Cheese on Brioche Bun	Egg Ranchero on Plain Tortilla	Bacon & Egg Croissant	Back Bacon & Egg Muffin	Breakfast B.E.L.T on Everything Bagel	Ham & Cheddar Croissant	Bacon, Egg & Chee Muffin

Weekly Menu

Week 10 Dinner	SUNDAY May 10	MONDAY May 11	TUESDAY May 12	WEDNESDAY May 13	THURSDAY May 14	FRIDAY May 15	SATURDAY May 16
	Turkey Vegetable Soup	Hamburger Soup	Southwest Chicken Soup	Beef & Barley Soup	Chicken Noodle Soup	Creamy Potato & Bacon Soup	Beef Noodle Soup
	Sweet Corn Chowder	Mediterranean Chickpea Soup	Tomato Vegetable Soup	Cream of Broccoli Soup	Coconut Lemongrass Soup	Minestrone Soup	Cream of Tomato Soup
	Garlic & Thyme Roast Beef	Honey Soy Glazed Chicken	Roast Turkey	Prime Rib	Thyme & Rosemary Roasted Pork Loin	Chicken Mole	Paprika Baked Sable Fish
	Roasted Garlic Mushroom Sauce	Honey Dijon Glaze	Turkey Gravy	Au Jus	Roasted Garlic Mushroom Sauce	Chili Chocolate Mole Sauce	Horseradish Dill Cream Sauce
	Chicken Breast with Maple Mustard Glaze	Cajun Cod & Tomatoes	Chicken Parmesan	Basil Roasted Pork Shoulder	Chicken Breast with Honey Mustard Sauce	Breaded Haddock / Tartar Sauce	Cranberry BBQ Braised Chicken
	Sweet Soy Braised Pork & Vegetables	Sesame, Sweet Chili Beef & Bean Stir Fry	Honey Beef with Chow Mein Noodle Bowl TORO BOWL	Chicken & Cauliflower with Tomatoes	Classic Beef Stew	Brazilian Beef Chili	Kung Pao Beef & Vegetables
	Vegetarian Enchiladas	Southwestern Pasta	Vegetarian Pad Thai	Vegetarian Chili / Sour Cream	Vegetarian Lasagna	Black Bean, Mac & Cheese	Coconut Chickpea Masala / Rice
	Macaroni	Fettuccine	Penne	Fusilli	Spaghetti	Bowtie Pasta	Shell Pasta
	Creole Chicken Tomato Sauce	Chicken Alfredo Sauce	Chicken Tetrazzini Sauce	Tomato Sauce with Beef	Classic Bolognese	Turkey & Spinach Marinara	Creamy Florentine Chicken Sauce
	Basil Rose Sauce	Italian Tomato and Parmesan Sauce	Tomato Primavera Sauce	Spinach Alfredo Sauce	Creamy Broccoli Parmesan Sauce	Mushroom & Sage Cream Sauce	Classic Marinara
	Fish Burger / Tartar Sauce	Pepperoni Pizza, Taco Beef Pizza and & Loaded Vegetarian Pizza	Sirloin Burger	Chicken Burger	Chorizo Sausage	Bavarian Sausage	Beef Hotdog

Weekly Menu

Week 10	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Salad	May 10	May 11	May 12	May 13	May 14	May 15	May 16
	Roasted Vegetable Couscous Salad	Greek Barley Salad	Brown Rice & Black Bean Salad	Turkish Bulgur Salad	Barley Lime Fiesta Salad	Couscous Tabbouleh Salad	Barley Salad with Chickpea & Feta
	Spicy Corn Salad	Chickpea Salad with Zucchini & Olives	Broccoli Crunch Salad	Greek Salad	Loaded Vegetable Salad with Chickpea	Apple, Zucchini & Walnut Salad	Coleslaw
	Macaroni Salad	Sesame Rice Noodle Salad	Bruschetta Pasta Salad	German Potato Salad (Egg)	Mexican Pasta Salad	Caribbean Sweet Potato Salad	Tuscan Rotini Salad
	Walnut & Roasted Red Pepper Dip	Tzatziki	Hummus	Spicy Feta Dip	Spinach Dip	Caramelized Onion Dip	Cajun Dip

Assorted Veggies, Pickles, Croutons, Assorted Toppings, Assorted Salad Dressings