Weekly Menu

Week 7 Breakfast	SUNDAY November 1	MONDAY November 2	TUESDAY November 3	WEDNESDAY November 4	THURSDAY November 5	FRIDAY November 6	SATURDAY November 7
	Classic Eggs Benedict / Spinach Eggs Benedict	Classic Eggs Benedict / Spinach Eggs Benedict	Beef & Mushroom Flat Bread	Bacon, Egg & Cheese Muffin	Omelet Station (Build your own Omelet)	Ham & Cheese Croissant Frittata	Broccoli & Cheddar Quiche
	Classic French Toast | Blackberry Compote	Buttermilk Pancake | Raspberry Compote	Waffle Station | Mixed Berry Compote	Crepe | Apple Compote	Blueberry Pancake | Blueberry Compote	Waffle Station | Mixed Berry Compote	Chocolate Chip Pancake | Strawberry Compote
	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
	Pork Sausage Round	Garlic Coil	Peameal Bacon	Pork Breakfast Sausage	Bologna	Ham	Pork Sausage Round
	Turkey Breakfast Sausage	Cajun Spiced Chicken Strips	Turkey Sausage Round	Beef Breakfast Sausage	Chicken Sausage	Turkey Breakfast Sausage	Cajun Spiced Chicken Strips
	Mixed Vegetable with Coconut	Ratatouille	Braised Mixed Beans with Gremolata	Maple Baked Beans & Apples	Tofu Scramble	Caribbean Black Bean	Mixed Vegetable with Coconut
	Dollar Potatoes	Breakfast Hash Browns	Greek Style Potatoes	Potato Bites	Triangle Hashbrown Patties	Potato Latkes	Dollar Potatoes
	Steel Cut Oatmeal	Oatmeal	Oatmeal	Steel Cut Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Apple Quinoa Hot Cereal	Red River Cereal	Chia & Vanilla Cereal	Quinoa Hot Cereal	Cream Of Wheat	Apple Quinoa Hot Cereal	Red River Cereal

Daily

Eggs: Fried, Boiled, Poached, Scrambled, Scrambled Egg Whites

Bacon, Baked Beans, Assorted Yogurts, Frozen Fruit

Weekly Menu

Week 7 Lunchroom	SUNDAY November 1	MONDAY November 2	TUESDAY November 3	WEDNESDAY November 4	THURSDAY November 5	FRIDAY November 6	SATURDAY November 7
	Peanut Butter and Jam on White & Whole Wheat | Peanut Butter & Jam on Raisin Bread	Peanut Butter and Jam on White & Whole Wheat	Peanut Butter and Jam on White & Whole Wheat	Peanut Butter and Jam on White & Whole Wheat | Peanut Butter & Jam on Raisin Bread	Peanut Butter and Jam on White & Whole Wheat	Peanut Butter and Jam on White & Whole Wheat	Peanut Butter and Jam on White & Whole Wheat | Peanut Butter & Jam on Raisin Bread
	Chicken Ranch & Swiss on Kaiser Bun	Turkey & Cheddar on 14 Grain Bread	BBQ Chicken & Cheddar on Plain Tortilla	Cajun Chicken Sandwich on White Bread	Turkey Club Croissant	Grilled Vegetable & Pesto Chicken Salad on Multigrain Bread	Chicken Burger
	Beef Meatball Mini Sub Bun	Beef Taco on Plain Tortilla	BBQ Beef on Brioche Bun	Roast Beef, Dijon & Swiss on 14 Grain Bread	Chimichurri Beef On Texas White Bread	Beef Hotdog	Roast Beef & Swiss on Quinoa Bread
	Mediterranean Cold Cut on Everything Bread	Smokie Sausage on Bun	Pepperoni & Mozza on Texas Brown Bread	Ham & Havarti on Ancient Grain Bread	BLT on Baguette	Salami & Mozza on 14 Grain Bread	Basil Pesto Pulled Pork & Cheddar on Panini
	Corned Beef & Swiss on Texas	Bologna with BBQ Mayo on Quinoa Flax Bread	Cold Cuts on Sub Bun	Deli Turkey on Brizzolio Bread	Pepperoni, Salami & Mozza on Everything Bread	Pizza Sub	Ham & Mozza on Quinoa Flax Bread
	Salmon Salad on Multigrain Bread	Fish Taco Wrap	Salmon Dill Salad on White Bread	Tuna Salad on Everything Bread	Salmon Salad on Multigrain Bread	Tuna Salad on Texas White Bread	Fish Taco Wrap
	Egg Salad on Brizzolio Bread	Egg Salad on Kaiser Bun	Egg Salad on Whole Wheat Bread	Egg Salad on Texas White Bread	Egg Salad on Brioche Bun	Egg Salad on White Bread	Egg Salad on Texas Brown
	Vegetarian Burrito on Tomato	Chickpea, Guacamole, Monterey Jack on Plain Tortilla	Black Bean Burger on Sesame Bun	Korean BBQ Tofu on Kaiser Bun	Falafel on Whole Wheat Tortilla	Roasted Vegetable Hummus on Baguette	Vegetarian Philly Cheese on Sub Bun
	Bacon & Egg Croissant	Ham & Cheddar Croissant	Back Bacon & Egg Muffin	Bacon, Egg & Cheese Muffin	Ham, Egg & Cheese on Plain Bagel	Egg, Bacon and Swiss on Sesame Bun	Ham, Egg & Cheese on Brioche Bun
	Chicken Broccoli Soup	Chicken Leek Soup	Hamburger Soup	Southwest Chicken Soup	Beef & Barley Soup	Chicken Noodle Soup	Turkey Vegetable Soup
	Minestrone Soup	Mushroom Barley Soup	Kale & Chickpea Soup	Green Curry Coconut Soup with Fresh Vegetable &Lemon Grass	Cream of Broccoli Soup	Carrot Sweet Potato & Ginger Soup	Sweet Corn Chowder

Weekly Menu

Week 7 Dinner	SUNDAY November 1	MONDAY November 2	TUESDAY November 3	WEDNESDAY November 4	THURSDAY November 5	FRIDAY November 6	SATURDAY November 7
	Chicken Broccoli Soup	Chicken Leek Soup	Hamburger Soup	Southwest Chicken Soup	Beef & Barley Soup	Chicken Noodle Soup	Turkey Vegetable Soup
	Minestrone Soup	Mushroom Barley Soup	Kale & Chickpea Soup	Green Curry Coconut Soup with Fresh Vegetable &Lemon Grass	Cream of Broccoli Soup	Carrot Sweet Potato & Ginger Soup	Sweet Corn Chowder
	Garlic & Thyme Roast Beef	Sweet Chili Roasted Chicken	Chili Lime Pesto Pork	Prime Rib	Roast Turkey	Peruvian Roast Chicken	Baked Trout
	Roasted Garlic Mushroom Sauce	Thai Sweet Chili Sauce	Fresh Apple Relish	Au Jus	Turkey Gravy	Peruvian Green Sauce	Romesco Sauce
	Maple Glazed Turkey Thigh	Cajun Spiced Sole with Creole Sauce	Chicken Rendang	Chicken Breast with Butter Chicken Sauce / Basmati	Hawaiian Spiced Roast Pork	Breaded Sole	Chicken Breast with Spinach & Sundried Tomato Jus
	Harissa Braised Chicken	Korean Beef Bulgogi	BBQ Turkey Bowl with Sesame Chow Mein Noodle	Vietnamese Pork Stir-fry	Pesto Chicken Lasagna	Turkey & Mushroom Casserole	Beef Sloppy Joe
	Lemon Orzo Primavera	Tofu Bean and Corn Sauté	Vegetarian Enchiladas	Southwestern Pasta	Edamame & Broccoli Pad Thai	Braised Black Bean & Sweet Potato	Coconut Chickpea Masala
	Bowtie Pasta	Spaghetti	Fettuccine	Shell Pasta	Rotini	Macaroni	Penne
	Meatball Marinara	Classic Bolognese	Chicken Alfredo Sauce	Beef & Mushroom Demi Glace	Creamy Florentine Chicken Sauce	Creole Chicken Tomato Sauce	Turkey & Spinach Marinara
	Roasted Tomato & Basil Cream Sauce	Mushroom and Cottage Cheese Sauce	Tomato Primavera Sauce	Spinach Alfredo Sauce	Classic Marinara	Spinach & Sundried Tomato Cream Sauce	Basil Tomaso Sauce
	Italian Sausage	Pepperoni Pizza / Chicken Bruschetta Pizza / Creamy Mushroom Florentine Pizza	Sirloin Burger	Chicken Burger	Chorizo Sausage	Bavarian Sausage	Fish Burger / Tartar Sauce

Weekly Menu

Week 7 Salad	SUNDAY November 1	MONDAY November 2	TUESDAY November 3	WEDNESDAY November 4	THURSDAY November 5	FRIDAY November 6	SATURDAY November 7
	Brown Rice & Chickpea Salad	Greek Barley Salad	Bulgur, Chickpea and Cranberry Salad	Couscous Tabbouleh Salad	Barley Lime Fiesta Salad	Brown Rice & Black Bean Salad	Barley & Edamame with Citrus scallion Vinaigrette
	Caprese Salad with Olives & Basil	Crisp Sesame Rainbow Slaw	Broccoli Crunch Salad	Kale & Beet Salad with Lemon Vinaigrette	Spicy Sesame Broccoli Salad	Greek Salad	Coleslaw
	Home-Style Potato Salad	Macaroni Salad	Bruschetta Pasta Salad	Mexican Pasta Salad	Tuscan Rotini Salad	Orzo & Corn Salad	Creamy Dill Pasta Salad
	Spicy Feta Dip	Caramelized Onion Dip	Black Bean Cream Cheese Dip	Spinach & Yogurt Dip	Salsa Dip	Mango Chili Dip	Spinach Dip

Assorted Veggies, Pickles, Croutons, Assorted Toppings, Assorted Salad Dressings