



Weekly Menu

WEEK 4

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

DINNER

APRIL 02

APRIL 03

APRIL 04

APRIL 05

APRIL 06

APRIL 07

APRIL 08



Full Muscle Grilled Ham Steak

¼ Chicken roasted with Lemon and Fresh Herbs

Cajun salmon with Hollandaise

Pork Loin with Orange, Soy and Ginger

AAA 10oz. Striploin

Gourmet Beef Burger

Prime Rib of Beef Au Jus

Spaghetti Meat sauce

Open face Philly Steak on Ciabatta

Southern Crispy Deep-Fried Chicken Drumsticks

Seafood Casserole with Penne

Jalapeno Shrimp

Crispy Chicken Cordon Bleu Burger

Baked Chicken and Broccoli Pasta

Savoury Veg Cobbler

Toro Bowl

Sauteed Perogies with Caramelized Onions

Curried Roasted Root Vegetable Stew

Cracked Spaghetti Tossed in Olive Oil, Fresh Grape Tomatoes, Fresh Basil and Grated Parmesan

Three Cheese Lasagna

Kale and Noodle Stir-Fry with Ginger Sauce



Garlic Cheese Bread

Battered Haddock

S&S Meatball

Pizza Finger

Fish Sticks

Spicy Fried Pickle

Bacon Garlic Cheese Fingers on Flat Bread with Donair Sauce

Creamy Whipped Mashed Potatoes

Rosemary Roasted Potatoes

Wild Rice Blend

Oven Roasted Potatoes

Creamy Whipped Mashed Potatoes

Fried Hash browns with Onions

Creamy Whipped Mashed Potatoes

Scalloped Potatoes

Basmati Rice

Roasted Sweet Potato

Rice Pilaf

Baked Potato

French Fries

Baked Potato

Kernel Corn

Cut Beans

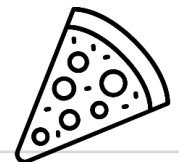
Broccoli and Cauliflower

Green Sweet Peas

Kernel Corn

Thick Sliced mushrooms Fried

Braised Purple Cabbage



Sauteed Zucchini topped with Parmesan

Sliced Carrots

Spinach

Butternut Squash

Caramelized Onions

Peas & Carrots

Sliced Carrots

Pepperoni, Cheese & Bacon Pizza

Margherita Tomato Basil with Parmesan Pizza

Traditional Works Pizza

Hawaiian Ham, Pineapple and Mushroom

Mega Meat

BBQ Chicken Pizza

Double Pepperoni & Sausage Pizza